

## **Banana pancakes**

### **Ingredients**

This recipe makes four small pancakes , enough for one person.

1 banana  
1 egg  
2 TBS whole wheat flour  
A pinch of salt

### **Directions**

Mash banana with a fork until smooth. Add flour and well beaten egg to the bananas and mix thoroughly. Add a little butter into a nonstick skillet and melt over medium heat. Spoon 4 pancakes into the skillet. Cook for approximately two minutes, then turn the pancakes over and cook for an additional 1-2 minutes.

*Guten Appetit!*

Recipe from *Cooking Light*

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